

MEDICAL STATEMENT FOR STUDENT REQUIRING SPECIAL MEALS

| | |
|--------------------|------------------|
| Name of Student: | Date of Birth: |
| Name of Parent(s): | Telephone: |
| School District: | School Telephone |
| School Attending: | |

For Completion By Medical Authority: *Physician (M.D. or D. O.), Physician Assistant, Assistant Physicians or Nurse Practitioners*

Identify and describe disability or medical condition, including allergies that requires the student to have a special diet. Describe the major life activities affected by the student's disability (see back of form).

Diet Prescription (Check all that apply):

- | | |
|---|--|
| <input type="checkbox"/> Diabetic (include calorie level or attach meal plan) | <input type="checkbox"/> Modified Texture and/or Liquids |
| <input type="checkbox"/> Reduced Calorie | <input type="checkbox"/> Food Allergy (describe): |
| <input type="checkbox"/> Increased Calorie | <input type="checkbox"/> Other (describe): _____ |

Food Omitted and Substitutions:

Use space to list specific food(s) to be omitted and food(s) that may be substituted. You may attach an additional sheet if necessary.

OMITTED FOODS

SUBSTITUTIONS

Indicate Texture:

- | | | | |
|----------------------------------|----------------------------------|---------------------------------|---------------------------------|
| <input type="checkbox"/> Regular | <input type="checkbox"/> Chopped | <input type="checkbox"/> Ground | <input type="checkbox"/> Pureed |
|----------------------------------|----------------------------------|---------------------------------|---------------------------------|

Indicate thickness of liquids:

- | | | | |
|----------------------------------|---------------------------------|--------------------------------|----------------------------------|
| <input type="checkbox"/> Regular | <input type="checkbox"/> Nectar | <input type="checkbox"/> Honey | <input type="checkbox"/> Pudding |
|----------------------------------|---------------------------------|--------------------------------|----------------------------------|

- ☐ Special Feeding Equipment _____

Additional Comments: _____

I certify that the above named student needs special school meals as described above, due to the student's disability or chronic medical condition.

| | | |
|---|-------------------------|-------------|
| Medical Authority Signature | Telephone Number | Date |
| Signature of Preparer or Other Contact | Telephone Number | Date |

I hereby give my permission for the school staff to follow the above stated nutrition plan.

| | |
|---------------------|------|
| Signature of Parent | Date |
|---------------------|------|